City of Mountain View **Community Services Department Recreation Division** www.mountainview.gov



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call (650)903-6145

如果你是山景城的居民,需要更多的中文 资料,请打电话650-903-6145 转3号分机

Program Holidays*

Tuesday, November 11 - Veteran's Day Thursday, November 27 - Thanksgiving Day Friday, November 28 - Day After Thanksgiving

* Lap Swim holiday hours may vary; contact pools for detailed schedule.

Assets In Action

Mountain View is committed to creating a community built on assets. The recently adopted Recreation Plan recognizes the challenges faced by residents, particularly the young and articulates the goals and methods to address these needs.

While young people are involved in community service and leadership in amazing and inspiring ways, we also know that some young people are struggling and hurting without adequate resources. Why do some youth thrive while others don't? Part of the answer can be found in research done by Search Institute, an independent research and educational organization based in Minneapolis that has identified 41 factors that are essential to raising successful young people.

These 41 factors, known as developmental assets, are linked to a multitude of positive outcomes, including success in school, maintaining good health, being a leader, and avoiding highrisk behaviors such as alcohol use, violence, and sexual activity.

The City of Mountain View Recreation Division knows that the 41 assets are important to each of our program participants. We provide classes and opportunities that incorporate the assets in some way. To help find the ones right for your needs, look for symbols throughout our guide that highlight classes that are enriched with the following assets:



= Positive Identity



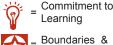
= Positive Values

Social Competencies



= Constructive Use of Time







= Support



Expectations

For more information about the 41 Developmental Assets, please visit: http://www.projectcornerstone.org/index.htm

Coming Soon...

On-Line Class Registration

To provide the community with increased access, convenience and hours 24/7 for program registration, the Recreation Division will launch on-line class registration starting December 2008 for winterspring classes. On-line registration will be available initially for Mountain View residents. A personal identification number (PIN) will be issued in person to verified recreation account holders beginning in late November to Mountain View residents who sign up to use this new service. So get ready to join in!

Recreation Division Mascot Contest

This is an exciting year for Recreation in Mountain View. The City adopted its first Recreation Plan in July 2008 and will implement On-Line Registration later this year. Here is your opportunity to help design and create a mascot for the City of Mountain View's Recreation Division! That's right, take your high energy, and creative vision and design a mascot that will represent Recreation. The winner will be announced in the 2008 Winter/Spring Recreation Activity Guide and awarded a \$100 gift card! Here are the rules:

- Contestants must be City of Mountain View Residents (proof of residence will be required).
- Character must be Family Friendly, represent MV values and Recreation. Use of gang related colors, derogatory signs/symbols or profanity will be disqualified.
- Submissions must be in a digital format (i.e. Photoshop. Illustrator, Paint, Publisher, Word).
- Only one (1) design will be accepted per person.
- All entries must be received by 5 p.m. on Friday, October 31, 2008.
- Design must be submitted on a CD to: City of Mountain View - Recreation Division; 201 South Rengstorff Avenue; Mountain View, CA 94040.
- Each entry must include your Name, Address, and Telephone Number, proof of MV residence.
- For more information, please call (650) 903-6331.

Become a Family Ambassador in **Mountain View Training is FREE!**

September 22, October 6, October 20, November 3, November 17, December 8. 6 p.m. to 8 p.m. Community Center 201 South Rengstorff Avenue

What is a Family Ambassador? Family Ambassadors are residents of Mountain View who volunteer to reach out to families with children ages 0-5 who may be unaware of available resources. The program was created in collaboration with First 5, Parents Place and the City of Mountain View to involve families and build connections between families and resource providers. Other cities, such as Palo Alto and Sunnyvale, have Family Ambassadors and continue to provide families and friends with important resources and information about raising children in their community. The Family Ambassador Program will feature presentations by local professionals in the fields of Child Development, Health Care, Literacy, and Community Resources. Ambassador Training will consist of six meeting that are fun, interactive and provide a great opportunity to meet other families and resource providers. Transportation and child care available upon request. For more information or to sign up, please contact the following:

Martha Salazar (650) 688-3098 marthas@jfs.org Kim Castro (650) 903-6397 Kim.Castro@mountainview.org

Deer Hollow Farm Ohlone Day

Saturday, October 18, 2008 1:00 p.m. to 4:00 p.m. Rancho San Antonio County Park Adults \$5 / Children \$3 / Children under 2 yrs - FREE

Bring the family and walk in the footsteps of the Ohlone people in a replica Ohlone Village. Try your hand at daily Ohlone activities such as acorn grinding, rope making, spear-throwing and face-painting. Specially-trained docents will teach flint-knapping, tool making, archery, fire-starting, and cooking methods. The Village is open to the public once a year for this special festival. The rest of the year it's used for classes for thousands of Bay Area students.

Ohlone Day is held annually to celebrate the daily life of the Ohlone people, who lived in the Bay Area for over 10,000 years. Ohlone Day raises funds to support Deer Hollow Farm (DHF) and scholarships for children who attend the outstanding educational program at DHF annually. For more information visit our website: www.fodhf.org or call Friends of Deer Hollow Farm (650) 965-FARM(3276).



Monster Bash

Sunday, October 26, 2008 5:00 p.m. to 8:00 p.m.

Community Center, 201 South Rengstorff Avenue

Come celebrate Halloween with your family, friends and neighbors at the Mountain View Monster Bash! We will be featuring an outdoor movie appropriate for all ages, Halloween crafts, and refreshments. There will be a costume parade at 5:30 p.m. and the movie will begin at 6:00 p.m. All are invited to attend this FREE family event.

Community Tree Lighting Celebration

Monday, December 8, 2008 6:00 p.m. to 8:00 p.m. Civic Center Plaza, 500 Castro Street

Celebrate the holidays with friends and family at the Mountain View Tree Lighting Celebration. Enjoy live holiday music, refreshments, lights and the arrival of Santa Claus. Children can visit and have their picture taken with Santa at the free event. In the spirit of the season, guests are encouraged to bring a can of food to help build the giving tree, to benefit the Community Services Agency.



Friday & Saturday Nights - FREE 6:30 p.m. to 9:30 p.m. 298 Escuela Avenue



Come join in on the fun on Friday and Saturday nights at the Mountain View Teen Center (MVTC)! The MVTC is open to Mountain View middle school students every Friday and Saturday night from 6:30 p.m. to 9:30 p.m.*. This FREE drop-in program is supervised by our trained Recreation Leaders and offers a fun social atmosphere full of billiards,

air hockey, video games, board games, snacks, and crafts! Pick up a Teen Activity Calendar at your next MVTC visit to see what fun is right around the corner! Participants need to bring verification of middle school enrollment (school I.D.) and turn in a Registration Form. Registration Forms are available at the MVTC and the Community Center and must be returned completed by their second visit. For more information, please contact the Recreation Division at (650) 903-6331.

*MVTC will be closed on the following holidays: November 28 & 29 – Thanksgiving Holiday December 26 & 27 – Christmas Holiday

Teen Open Gym!



Saturday Nights - FREE 6:30 p.m. to 9:30 p.m. 1500 Middlefield Road

If you like to play basketball, volleyball, indoor soccer, ping-pong or just want to hang out with your friends, then come out to the City of Mountain View's FREE, yes FREE, Teen Open Gym (TOG) on Saturday nights at the Whisman Sports Center adjacent to Crittenden Middle School. Bring your student ID and come ready for a pickup game or just to hang out! Pick up a TOG Events Calendar on your next TOG Visit! Tournaments and instruction nights will be held each month:

October 25th* - FREE high school Dodgeball Tournament November 22nd* – FREE 3 on 3 Basketball Tournament *Special Extended Hours... more information coming soon!

For more information, please call the Mountain View Community Center at 650-903-6331.

Parks and Recreation Commission



Alicia Henderson (Chair), Paul Donahue (Vice Chair), Gary Griffith, and Ed Mussman II.

The Parks and Recreation Commission meets the second Wednesday of the month at 7:00 p.m. at the Mountain View Senior Center, 266 Escuela Avenue.

Meeting dates 2008: September 10; October 15 (rescheduled); November 12; and, December 10.

Community Services Agency

204 Stierlin Road (650) 968-2164

The Community Services Agency offers an Emergency Assistance Program that provides: One- time financial assistance with rent; One- time financial assistance with PG&E bills; Food and Nutrition Center (supplemental food program open Mon through Fri); Backpacks and School supplies; Shoe vouchers; Dental and vision care (including eyeglasses) for uninsured children; Holiday bags for Thanksgiving; toy distribution; Diapers; Medical prescription assistance for uninsured children and adults; and Fee waivers.

Drop-in hours: Monday, Wednesday and Friday, 9:00am to 11:00am and 1:30pm to 3:00pm

Appointments:

Tuesdays: 9:00am to 11:00am and 1:30pm to 3:00pm Fridays: 1:30pm to 3:00pm

Recreation Class Financial Assistance Program (FAP)

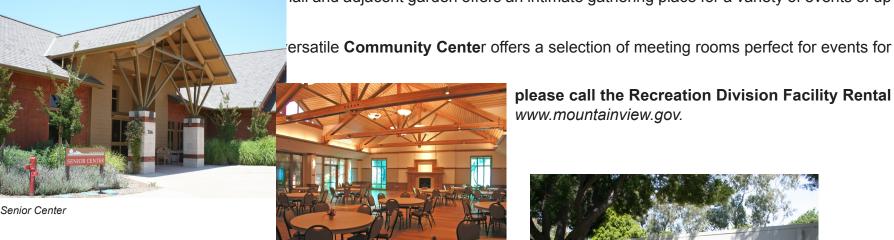
The City provides eligible, low-income Mountain View residents limited financial assistance to register for recreation classes and to enjoy the benefits of recreation. In order to qualify, applicants must currently be a Mountain View resident and: (a) qualify through the Community Services Agency (CSA) Screening Process (subject to Santa Clara County HUD guidelines); or (b) qualify for the Free or Reduced Lunch Program through the Mountain View-Whisman School District (until November 28, 2008). The original of either the CSA VOUCHER or MVWSD APPROVAL LETTER must be submitted the first time you register for recreation classes each year. A \$5.50 withdrawal fee* shall be deducted for each class registration cancelled and double the cost of the class will be subtracted from the customer's FAP allocation. No amount will be returned to the remaining FAP balance once it has been applied towards class registration, unless the class is cancelled by the Recreation Division. FAP is good for one year and does not apply to Golf, Tennis, Lap Swims and Special Events. *Effective November 1, 2008: Withdrawal fee will increase to \$5.75 for each class withdrawal.

Perfect Places for your Holiday Get Together

Planning a special social or business event? Mountain View has the locations you'll want to see!

Experience the stunning architecture of Mountain View's new **Senior Center** with its banquet hall seating 200, full catering kitchen and beautiful patio.

The Historia Adoba Building's large hall and adjacent garden offers an intimate gathering place for a variety of events of up



please call the Recreation Division Facility Rental www.mountainview.gov.





Community Center



Interior-Adobe

Interior-Social Hall

BBQ Reservations begin March 3, 2009 101 PALO ALTO H

PARK SITES

- 1. Thaddeus Park 18. Bubb Park
- San Veron Park Whisman Park
- 4. Monta Loma Park 5. Stevenson Park
- 6. Rex-Manor Park 7. Jackson Park 8. Klein Park
- 9. Rengstorff Park/Pool
- 10. Eagle Park/Pool
- 11. Pioneer Park
- 12. Dana Park
- 13. Fairmont Park
- 15. Sylvan Park 16. Gemello Park 17. McKelvey Park
- 14. Landels Park
- 19. Varsity Park
- 20. Cuesta Park
- 21. Cooper Park
- 22. Charleston Park
- 23. Creekside Park 24. Castro Park
- 25. Chetwood Park
- 26. Magnolia Park
- 27. Dog Park
- 28. Huff School/Park 29. Mercy - Bush Park
- 30. Slater School/Park
- 31. Springer School/Park 32. Sierra Vista Park
- 33. Devonshire Park

FACILITIES KEY

- A. Shoreline At Mountain View B. Whisman Sports Center at
- Crittenden Middle School
- C. Parks Division Office D. Mountain View Community
- Center/Recreation Division
- E. Mountain View Senior Center
- F. Mountain View Sports Pavilion at Graham Middle School
- G. Public Library, City Hall, Center for the Performing Arts
- H. Deer Hollow Farm I. Mountain View High School
- J. Teen Center
- K. Willowgate Garden

FACILITY DIRECTORY

Adobe Building

157 Moffett Blvd......903-6407

Cala Center Dojang in Sunnyvale

1111 W. El Camino Real #117

Sunnyvale(408) 730-2534

Community Center (CC)

201 S. Rengstorff Ave......903-6331

Rm 1-Room 1

Rm 2-Room 2

Rm 3-Room 3 **AUD-Auditorium**

LSH-Lower Social Hall

California Fencing Academy (CFA)

950 N. Rengstorff Ave Suite G (866) 737-4903

Cooper Park 500 Chesley Ave......903-6412

Cuesta Park Tennis Center 685 Cuesta Dr..... 967-5955

Eagle Park Pool

650 Franklin St...... 903-6413

Enkuban Dojo (Aikido)

209 West Evelyn Ave...... 966-1447

KMVT 15 Studio

1400 Terra Bella Ave......968-1540 **Mountain View Sports Pavilion (MVSP)**

& Graham Sports Complex

1185 Castro St......903-6819

Palo Alto Bowl

4329 El Camino Real

Palo Alto......948-1031

Peninsula Youth Theater (PYT)

2500 Old Middlefield Way......988-8798

Rengstorff Park Pool

201 S. Rengstorff Ave......903-6414

Senior Center

266 Escuela Ave.....903-6330

Shoreline At Mountain View

2600 N. Shoreline Blvd

Administration903-6392 Amphitheatre Box Office.....967-4040 Golf Links.....903-4653 Sailing Lake......965-7474

Teen Center

298 Escuela Avenue......903-6417

Twister Gym

2639A Terminal Blvd......967-5581

Whisman Sports Center (WSC)

1500 Middlefield Rd903-6626

Accessible Programs & Facilities

Reasonable accommodations in facilities, policies, procedures and/or practices will be made, if necessary, to ensure full and equal access and enjoyment of all programs and activities for individuals with a disability in accordance with the Americans with Disabilities Act (ADA). Individuals with disabilities should contact the Recreation Division at (650) 903-6331 to discuss meeting accessibility.

ADULT TEEN SWIM LESSONS



For the nonswimmer and beginner, basic strokes and water safety will be taught. For the beginner to intermediate-level swimmer with some swimming ability, additional strokes will be taught with an emphasis on building endurance. Ages 15+: students under 18 years must have parent/guardian signature on registration form. *Participants will be trained alongside American Red Cross Water Safety Instructor candidates by Water Safety Instructor Trainer, Allie Peterson, Senior Recreation Coordinator - Aquatics. Space is limited. Classes held at Eagle Pool.

Tu/Th 7:00 - 8:00PM 10/7-10/30 R\$30/NR\$42 13045 15+ yrs

AQUA-CISE



Join the Aqua-cise community in a medium-paced, low-impact water aerobic conditioning class designed to improve cardiovascular fitness as well as tone muscles and increase flexibility. No swimming skills necessary. Classes will be at the Eagle Park Pool. NO CLASS 11/28.

12925 M/W/F 12:00 - 12:55PM SR\$10.50/SN\$22.50 18+ yrs 10/1-10/31 R\$42/NR\$54 12926 M/W/F 18+ yrs 12:00 - 12:55PM 11/3-12/19 R\$63/NR\$75 SR\$15.75/SN\$27.75

AQUATIC FITNESS



Join the exhilaration and fun of a total exercise program! No swimming skills required. Exercises are designed to develop muscle tone, strength, and flexibility as the body moves against the resistance of the water. Classes held at Eagle Pool. NO CLASS 11/28.

12927 M/W/F 8:05 - 9:00AM 10/1-10/31 R\$38.50/NR\$50.50 SR\$10.50/SN\$22.50 18+ yrs R\$57.75/NR\$69.75 12928 18+ yrs M/W/F 8:05 - 9:00AM 11/3-12/19 SR\$15.75/SN\$27.75

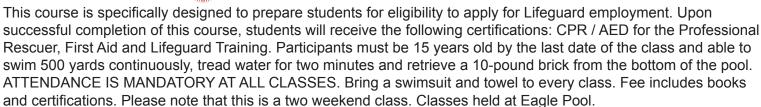
DEEP WATER EXERCISE



Aerobic and strengthening exercises are performed in deep water with the assistance of a flotation device. Deep Water Exercise provides the benefits of aerobic exercise without the negative impact. Participants must be comfortable in deep water, but the ability to swim is not required. Flotation devices provided. Classes held at Eagle Pool. NO CLASS 11/11 & 11/27.

12929 8:05 - 8:55AM 10/2-10/30 R\$24.75/NR\$36.75 18+ yrs Tu/Th SR\$6.75/SN\$18.75 12930 18+ yrs Tu/Th 8:05 - 8:55AM 11/4-12/18 R\$35.75/NR\$47.75 SR\$9.75/SN\$21.75

LIFEGUARD TRAINING





12931 15+ yrs F 5:30 - 9:30PM 9/12 & 9/19 R\$185/NR\$197 8:30 - 5:30PM 9/13 & 9/20 Sa 8:30 - 5:30PM Su 9/14 & 9/21



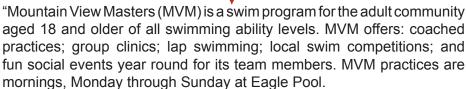
WATER SAFETY INSTRUCTOR 🥞



This class will train instructor candidates to teach American Red Cross Learn-to-Swim programs for all ages and skill groups. Participants must be 16 years old by the last day of class and pass a pretest consisting of water safety and swimming skills on the first day of class. ATTENDANCE IS MANDATORY AT ALL CLASSES. Bring a swimsuit and towel, empty 1-inch 3 ring binder, note paper and pen to every class. Fee includes books and certification. Classes held at Eagle Pool.

12932 16+ yrs Tu/Th 6:00 - 10:00PM 10/7-10/30 R\$185/NR\$197

MOUNTAIN VIEW MASTERS



All members must register with Pacific Masters Swimming (PMS). Monthly MVM dues include access to all MVM practices and City lap swim program. Drop-in fee for PMS-registered swimmers is \$7.00. For more information, including current monthly dues, practice schedule and sample practices, visit the club website, or call (408) 735-1326."

LOS ALTOS - MOUNTAIN VIEW AQUATIC CLASS sanctions by the United States Swimming, Inc., offers year round competitive swimming for boys and girls ages 5 to 18, novice through advanced. All practice sessions are coached by experienced, certified coaches and instructors at Eagle Pool. For more information visit us at: www.lamvac.org, or call (650) 599-2213. (**)

PRESS RELEASE

WITH RECORD HIGH HEAT PEOPLE FLOCK TO THE POOLS AND BEACHES TO COOL OFF.

In California, drowning is a leading cause of injury-related deaths among children under the age of five and near-drowning accidents each year result in life-long disabilities. (Source: State of California Department of Developmental Services)

The California Park and Recreation Society Aquatic Section announces the launch of a newly created website www.preventdrowningca.org in order to try and educate and combat drowning throughout the state. The website was designed as part of the Drowning is Preventable (DIP) campaign to provide valuable information and resources to the general public and aquatic professionals around the state. We feel that education is the key components in order to reduce and hopefully eliminate needless tragedies from drowning. We hope that you will help us to prevent drowning throughout California by utilizing the information in this website to stay safe in and around the water.

CLOSED

1/01 & 4/12/09

ADULT LAP SWIM



Lap Swimming is a great opportunity available for adults aged 18 and up to increase their health and wellness. Schedule is subject to change due to holidays and routine pool maintenance. Please visit www.mountainview.gov for schedule updates. Lap Swim Cards and Day Passes may be purchased at the following locations:

- Mountain View Community Center (201 S. Rengstorff Ave.)
- City Hall Finance Department (500 Castro Street)
- Eagle Park Pool during Lap Swim hours only. (Please have exact change or check) or
- By mail (include a self-addressed stamped envelope and proof of residency)

Mountain View Residents must provide proof of residency. Replacement cards will not be issued if lost or stolen.

POOL HOURS Weekdays: 10:30AM - 1:30PM

HOLIDAY SCHEDULE

6:00PM - 8:00PM

Weekends: Sa 9:00AM - 12:00noon

Su 9:00AM - 11:45AM

1/21, 2/18 & 5/25 from 10:30AM - 1:30PM

Adult: R\$50.25/NR\$61

FEES

Senior: R\$14.25/NR\$25 Day Pass: R\$2.75/NR\$3.75







Dance Force teaches a variety of styles of dance classes which include ballet, tap, jazz, hip hop, cheerleading, tiny tots, pre-ballet, and much more. Dancing is a great way for your child to learn coordination, grace, balance, confidence, and helps to build their self esteem. For more information, please call Dance Force at (408) 371-5678 or e-mail at danceforceinfo@aol.com.

BALLET

Gracefully learn the fundamentals of ballet! New students will learn ballet techniques and terminology of steps; while more experienced students will continue to improve their skills and knowledge of ballet. Instructor: Dance Force Staff. **NO CLASS 11/29.**

12934	5-7 yrs	W	3:30 - 4:15PM	10/1-12/3	Room 3	R\$91/NR\$102.75
12933	3-5 yrs	Sa	11:35AM - 12:20PM	10/4-12/6	Room 3	R\$83/NR\$94.75

CHEERLEADING & KIDS HIP HOP

This class has it all! Your child will learn cheerleading motions, cheers, chants, jumps and techniques and use pom poms. They will also learn basic jazz and hip-hop moves to music like Radio Disney and Kids Bop! Instructor: Dance Force Staff. **NO CLASS 11/27.**

13044	7-10 vrs	Th	4:20 - 5:05PM	10/2-12/11	Room 3	R\$91/NR\$102.75

COMBO (BALLET/TAP/JAZZ)

Introduce your child to ballet, tap and jazz steps - all in one class! Participants will use props, scarves and wands and will begin to understand dance terminology. Instructor: Dance Force Staff. **NO CLASS 11/29**.

12939	3.5-5.5 yrs	W	4:20 - 5:05PM	10/1-12/3	Room 3	R\$91/NR\$102.75
12941	4-6 yrs	W	6:00 - 6:45PM	10/1-12/3	Room 3	R\$91/NR\$102.75
12940	3.5-5.5 yrs	Sa	9:55 - 10:40AM	10/4-12/6	Room 3	R\$83/NR\$94.75
12942	4-6 yrs	Sa	10:45 - 11:30AM	10/4-12/6	Room 3	R\$83/NR\$94.75
12938	3.5-5.5 yrs	M	4:20 - 5:05PM	10/6-12/8	Room 3	R\$91/NR\$102.75
12943	5-7 yrs	M	5:10 - 5:55PM	10/6-12/8	Room 3	R\$91/NR\$102.75
13022	8-11 yrs	M	6:00 - 6:45PM	10/6-12/8	Room 3	R\$91/NR\$102.75



DANCING TOGETHER NEW!

Give your child the beginning elements of dance in a fun and creative learning environment! With the help of a parent or caretaker, we will use scarves, teddy bears, wands and other props while dancing. Your child will love the listening and moving activities that will get you both dancing around hand-in-hand! Parent/Caretaker participation required. Instructor: Dance Force Staff. **NO CLASS 11/11, 11/29.**

13038	2.5-3.5 yrs	Sa	9:20 - 9:50AM	10/4-12/6	Room 3	R\$71.75/NR\$83.50
13037	2.5-3.5 vrs	Tu	9:15 - 9:45AM	10/7-12/9	Room 3	R\$71.75/NR\$83.50

HIP HOP & JAZZ

Get ready to dance with age-appropriate dance moves in a fun and action packed environment! Participants will learn basic jazz and hip hop moves to music from Radio Disney and Kids Bop! Instructor: Dance Force Staff. **NO CLASS 11/27.**

12944	5-7 yrs	Th	5:10 - 5:55PM	10/2-12/11	Room 3	R\$91/NR\$102.75
12945	8-12 yrs	Th	6:00 - 6:45PM	10/2-12/11	Room 3	R\$91/NR\$102.75

PRESCHOOL HIP HOP BOOGIE NEW!

Bounce, jump, and spin! Your child will love this energetic class filled with dance and movement activities. While learning basic hip hop and dance moves to fun kid's music, your child will build confidence, coordination, and rhythm. Movement games will help your child with balance and having fun interacting with other students! Instructor: Dance Force Staff. **NO CLASS 11/11, 11/27.**

13043	3-5 yrs	Th	3:30 - 4:15PM	10/2-12/11	Room 3	R\$91/NR\$102.75
13042	3-6 yrs	Tu	10:40 - 11:25AM	10/7-12/9	Room 3	R\$83/NR\$94.75

PRINCESS PRE-BALLET NEW!

Calling all Princesses! Come join this magical class as we introduce your child to ballet and creative movement. Your child will learn the individual steps, across the floor movement, and dance combinations. We will use fun props while dancing to your favorite princess music and pretending to be a beautiful princess! Instructor: Dance Force Staff. **NO CLASS 11/11.**

13041	3-5 yrs	W	5:10 - 5:55PM	10/1-12/3	Room 3	R\$91/NR\$102.75
13039	3-5 yrs	M	3:30 - 4:15PM	10/6-12/8	Room 3	R\$91/NR\$102.75
13040	3-5 vrs	Tu	9:50 - 10:35AM	10/7-12/9	Room 3	R\$83/NR\$94.75

TINY TOTS BALLET

Your child will be introduced to ballet and creative movement. This is a FUN class, which is action-packed to keep your child's attention. Your child will learn ballet steps; use props, scarves, teddy bears and wands; and begin to understand dance terminology. Instructor: Dance Force Staff. **NO CLASS 11/11, 11/27, 11/29.**

12948	2.5-3.5 yrs	Th	2:55 - 3:25PM	10/2-12/11	Room 3	R\$78.50/NR\$90.25
12949	2.5-3.5 yrs	Sa	12:25 - 12:55PM	10/4-12/6	Room 3	R\$71.75/NR\$83.50
12947	2.5-3.5 yrs	Tu	11:30AM - 12:00PM	10/7-12/9	Room 3	R\$71.75/NR\$83.50



HOLIDAY ACTIVITIES

RUDOLPH'S RESTAURANT

Welcome to Rudolph's Restaurant! Our menu for this two hour class will consist of cheese pizza and a drink for each participant, indoor and outdoor reindeer games, songs, a holiday story or video, and our very own special of the day - Fun! Cost of lunch is included in the registration fee. Instructor: Recreation Staff.

13007	3-5 yrs	M	11:30AM - 1:30PM	12/22-12/22	Room 1	R\$16/NR\$27.75
13008	6-10 yrs	M	11·30AM - 1·30PM	12/22-12/22	LSH	R\$16/NR\$27.75

SANTA VISITS

Santa is ready to make his yearly visits to Mountain View residents on Tuesday, December 9 and Wednesday, December 10. Santa will spend 15 minutes in your home visiting children and spreading holiday cheer! The cost for this program is \$25, and all visits will be made between 6:00 p.m. and 9:00 p.m. Beginning Thursday, November 20 at 8:30 am, Mountain View residents can sign up for a visit at the Community Center located at 201 South Rengstorff Avenue. Santa will only have time to visit Mountain View Residents. To allow Santa enough time to spend with everyone, parties must be limited to a maximum of eight children. No adult parties, please.

SATURDAY WITH SANTA - TWO SEATINGS



Come visit Santa at the North Pole at this fantastic holiday event! Eat breakfast with family and friends, create holiday crafts, play games, and giggle with Santa and his elves. Each child will receive a small gift and a photo with Santa. Preregistration only (registration will not be taken at the door). Children must be accompanied by an adult and everyone who attends must be registered. Please attend one seating only.

13009	2+ yrs	Sa	9:30 - 10:30AM	12/13	Senior Center Social Hall	R\$25/NR\$30 -1 child with 1 adult R\$15/NR\$15 - each add'l child R\$10/NR\$10 - each add'l adult
13010	2+ yrs	Sa	11:00AM - 12:00PM	12/13	Senior Center Social Hall	R\$25/NR\$30 -1 child with 1 adult R\$15/NR\$15 - each add'l child R\$10/NR\$10 - each add'l adult

CLUB REC - HOLIDAY STYLE (*)



Are you ready for four fun-filled days of creative activities and field trips? If so, then Club Rec - Holiday Style has what you're looking for! Games, crafts, songs and trips make for an exciting time during school winter break. Please send a bag lunch and drink with your child each day. Snacks are provided. Field Trip fees included in the cost of camp. Instructor: Recreation Staff. NO CAMP 1/1.

13000 7-10 vrs M/T/W/F 9:00AM - 4:00PM 12/29-1/4 Auditorium R\$63/NR\$74.75

GINGERBREAD FACTORY (C)



Calling all boys and girls to be part of a cookie baking and decorating extravaganza! Participants of this class will create and decorate yummy gingerbread houses and cookies, all while expressing their creative side! Don't miss out on this fun and exciting class. Instructor: Recreation Staff.

1:30 - 3:30PM 13002 6-10 yrs M 12/22 LSH R\$16/NR\$27.75



LITTLE ELVES WORKSHOP



Santa's not the only one who's busy this holiday season! While the grown ups are braving the hustle and bustle of the department stores, the little one's will be hard at work decorating

gingerbread cookies and hand crafting ornaments for their nearest and dearest. Instructor: Recreation Staff.

R\$16/NR\$27.75 13004 3-5 yrs Sat 10:30AM - 12:30PM 12/13 Room 1

POLAR BEAR PICTURE PARTY! (U)



Preschoolers are invited to celebrate all that is cold and cozy about the Winter Season! Participants will be making cinnamon rolls with apple butter, peppermint cocoa, fuzzy polar bear picture frames, and even reading Ezra Jack Keats Caldacott classic, The Snowy Day. Instructor: Recreation Staff.

13006 1:30 - 3:30PM R\$16/NR\$27.75 3-5 yrs M 12/22 Room 1

TURKEY TOT TIME



While mom or dad take some time to shop for the turkey, kids will be busy making Thanksgiving decorations. Instructor: Recreation Staff.

13011 3-5 yrs 10:30AM - 12:00PM 11/22 Room 1 R\$16/NR\$27.75

WINTER DRAMA CAMP

PYT has just the way to shake the vacation blues. Spend your break acting, creating skits and playing theater games, as well as making props and costumes. Culminating in a demonstration for parents and friends, this camp is sure to spice up your break! Instructor: Peninsula Youth Theater Staff. NO CLASS 12/24, 12/25, 12/26.

8-14 yrs 13071 M/T/W/Th/F 8:30 - 3:30PM 12/22 - 1/2 PYT R\$259/NR\$270.75

WINTER TEEN EXTREME (*)



Come and take an adventure with new and old friends during this one-day event full of extreme trips! Start off your winter break strong by meeting recreation leaders at the Mountain View Teen Center, and then head off to Palo Alto Bowl for bowling and Laser Quest for fun Laser Tag! Participants registered will have tons of fun – don't miss out! Field trip admission is included in the registration cost. Bring a bag lunch and drink, and let the adventure begin! Instructor: Recreation Staff.

13036 11-14 yrs 9:00AM - 4:00PM 12/22 Teen Center R\$35/NR\$46.75

PRESCHOOL

Building the Cornerstone

The collaboration with Project Cornerstone and the adoption of the 41 Developmental Assets model has been especially exciting for the Preschool Program. According to Project Cornerstone's research, "teachers have some of the most powerful asset building potential." This statement is validated by the sheer number of assets that can be found in our classroom environment. In addition to all of the Commitment to Learning assets, a positive classroom environment provides students with positive adult role models, a love of learning, as well as positive peer interaction and self-esteem.

What's more, the assets have given us a language and way of defining the services we have always provided. Project Cornerstone defines the Developmental Assets as "the relationships, experiences, skills, and values that help children thrive." Indeed, the City of Mountain View Recreation Preschool Program works to provide our students with a safe, caring school climate in which positive values and positive identity can thrive. Our students are encouraged to develop the interpersonal skills, resistance skills, and self esteem that will set the foundation for strong adults with an uncompromised sense of "power, worth, and promise." What more could we hope for?

For more information on the classes offered by the City of Mountain View Recreation Preschool Program, please see the information listed on the following page.

For more of this content and related information please visit: www.projectcornerstone.org





Preschool Classes

Priority registration has been taken for the Fall session of 2008-2009 school year. The PlaySchool and Tot Time classes are currently full. KinderPrep classes have a limited number of spaces available. For more information about the registration process and/or to place your child on the waitlist, please visit the Community Center during regular business hours.

Registration Requirements: Correct age verification must be submitted by providing a photocopy of the child's birth certificate and a current immunization card. Participants must be able to use the bathroom independently.

This creative, play-based preschool program has been designed to meet the developmental needs of the "whole child." The curriculum centers on the vital social opportunities children need in order to grow emotionally, cognitively, and kinesthetically. Children are provided the opportunity to learn at their own pace with a curriculum that includes daily art and circle activities, singing, dancing, and story telling. Instructors: Miss Mary and Miss Tamara. **NO CLASS 11/11, 11/27, 11/28**.

KINDER - PREP

Kinder-Prep has been designed with the older preschool-aged child in mind. Students will be engaged in letter and number recognition activities as well as beginner's level writing, reading, and science opportunities in an environment that honors student's developmental stages as well as personal milestones. Participants must have been born prior to June 1, 2004.

12536 M/W/F	1:00 - 3:30PM	9/3-10/31	Room 1	R\$292.50/NR\$303.75
12537 M/W/F	1:00 - 3:30PM	11/3-12/12	Room 1	R\$191.25 /NR\$202.50

PRESCHOOL PLAYSCHOOL

The PlaySchool class builds on the foundation developed in the Tot Time class. Students are encouraged to develop the social, emotional, kinesthetic, and cognitive skills that will serve them through the kindergarten and elementary years. The curriculum is play-based and experiential and includes singing, dancing, storytelling, cooperative crafts, and hands-on science activities. Students will be empowered to 'find out for yourself.'

Participants must have been born between December 3, 2003 and December 2, 2004.

12534 M/W/F	9:15 - 11:45AM	9/3-10/31	Room 1	R\$292.50/NR\$303.75
12535 M/W/F	9:15 - 11:45AM	11/3-12/12	Room 1	R\$191.25 /NR\$202.50

PRESCHOOL TOT TIME

This social, play-based preschool class allows the young preschooler the opportunity to develop social and emotional fortitude skills in a stimulating and nurturing classroom environment. The curriculum includes daily art and circle activities, singing, dancing, storytelling, and fingerplays.

Participants must have been born between December 3, 2004 and December 2, 2005.

12532	Tu/Th	9:15 - 11:45AM	9/2-10/30	Room 1	R\$202.50/NR\$213.75
12533	Tu/Th	9:15 - 11:45AM	11/4-12/11	Room 1	R\$123.75/NR\$135



FALL TALES

Preschoolers are invited to celebrate the warmth and wonder of the fall season with three literary classics. We will be reading/retelling Maurice Sendak's "Where The Wild Things Are", Esphyr Slobokina's "Caps For Sale", Arnold Lobel's "Frog and Toad Are Friends". Each class participants will be making story related keepsakes. Instructor: Recreation Staff.

13032 3-5 yrs Sa 10:30AM - 12:00PM 10/11-10/25 Room 1 R\$48/NR\$59.75

MUSICAL READING THEATER FOR CHILDREN Welcome to a Musical Reading

Welcome to a Musical Reading Theater Adventure! Children will participate in a variety of activities including acting out stories and songs, playing instruments and dressing up in costumes! Stimulate your child's cognitive thinking and enhance their creativity and self-esteem while teaching them "The Arts" in a fun, innovative way. Parents are welcome to stay for the class and participate with your child. **NO CLASS 11/29.**

13069 3-5 yrs Sa 9:30 -10:30AM 11/1-12/13 Room 2 R\$65/NR\$76.75

CARTWHEEL KINDERS

Cartwheel Kinders further enhances physical, mental, and social development. Participants are introduced to basic gymnastics terminology, positions, and skills. Participants are carefully spotted until they can complete the skill successfully. Instructor: Twisters Gymnastics Staff. **NO CLASS 11/27.**

 13014
 4-5 yrs
 Tu
 1:00 - 1:40PM
 9/30-12/16
 Twisters Gymnastics
 R\$100/NR\$111.75

 13050
 4-5 yrs
 Th
 2:00 - 2:40PM
 10/2-12/18
 Twisters Gymnastics
 R\$100/NR\$111.75



DYNO TUMBLERS

This class offers a fun and safe environment where participants are challenged with fundamental gymnastics skills. They will master basic terminology and moves, and develop flexibility that will enhance overall fitness for any sport. Instructor: Twisters Gymnastics Staff.

13015	5-6 yrs	M	3:15 - 3:55PM	9/29-12/15	Twisters Gymnastics	R\$100/NR\$111.75
13051	5-6 yrs	F	2:45 - 3:25PM	10/3-12/19	Twisters Gymnastics	R\$100/NR\$111.75

PRESCHOOL PLAYERS

Improve listening skills and focus on strength and coordination for your preschooler. Participants will safely learn to climb, jump, swing, and roll on all introductory gymnastics equipment. Instructor: Twisters Gymnastics Staff.

13016	3-4 yrs	M	12:15 - 12:55PM	9/29-12/15	Twisters Gymnastics	R\$100/NR\$111.75
13070	3-4 yrs	Tu	9:45 - 10:25AM	9/30-12/16	Twisters Gymnastics	R\$100/NR\$111.75
13017	3-4 yrs	W	9:45 - 10:25AM	10/1-12/17	Twisters Gymnastics	R\$100/NR\$111.75

WALKING WONDERS

Help your child develop muscle coordination, body control, and social interaction in an educational environment! This class is designed for children, walking to 3 years, emphasizing fine and gross motor development. Children are assisted by their partners and a Certified Twisters Instructor. Twisters instructors will carefully construct an age appropriate class. Parent participation required. Instructor: Twisters Gymnastics Staff.

13018	1.5-3 yrs	W	10:00 - 10:40AM	10/1-12/17	Twisters Gymnastics	R\$100/NR\$111.75
13019	1.5-3 yrs	F	9:00 - 9:40AM	10/3-12/19	Twisters Gymnastics	R\$100/NR\$111.75



BAKING BONANZA

Join us for baking, baking, and more baking! Participants will enjoy the hands-on experience of mixing, measuring, kneading, and more. Learn new recipes each week, and get ready to unleash your inner baking skills! Instructor: Recreation Staff.

12952 8-11 yrs Sa 10:00AM - 12:00PM 11/1-11/15 LSH R\$45/NR\$56.75

BELLY DANCING FOR KIDS

Discover the basics of belly dancing through muscle isolations and dance techniques, using music and dance movements from Egypt and Iran! Belly dancing helps in building strength and flexibility in muscles. Just bring your bare feet and have lots of fun shaking your belly! Participants enrolled will have the opportunity to watch a belly dancing performance at an off-site location once throughout the class session - more information will be available after class begins. An optional belly dancing hip scarf will be available for purchase to participants enrolled for \$20 from Instructor. Instructor: Marzieh Gachipour

13020 5-8 yrs W 6:45 - 7:45PM 10/8-12/3 Room 3 R\$111/NR\$122.75



ACTING FOR FUN

This popular class encourages students to enjoy themselves on stage by combining theater games, creative dramatics and lots of fun! Learn to think on your feet, create interesting characters and relax in front of a group. Instructor: Peninsula Youth Theater Staff.

NO CLASS 11/11, 11/25.

13067 8-11 yrs Tu 5:00 - 6:00PM 9/23-12/9 PYT R\$176/NR\$187.75

GOTTA SING, GOTTA DANCE

Calling all Broadway Stars! Learn the basics of singing and dancing for musical theater! Develop your skills on how to sell a song through voice and movement, and have a lot of fun while doing it! Instructor: Peninsula Youth Theater Staff. **NO CLASS 11/24.**

12954 6-8 yrs M 4:00 - 4:45PM 9/22-12/1 PYT R\$126/NR\$137.75

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PINT-SIZE PLAYERS

Looking for that next step for your budding actor? This production-oriented class will give each student a role and a chance to shine in a class production. Instructor: Peninsula Youth Theater Staff. **NO CLASS 11/26.**

13068 7-10 yrs W 3:30 - 5:00PM 9/24-12/3 PYT R\$186/NR\$197.75

KIDS' NIGHT OUT

ATTENTION PARENTS! Are you looking for a moment to finish up your holiday shopping? If so, register your child(ren) for Kid's Night Out! This three hour class will offer activities and dinner to participants in a supervised environment that promotes peer interaction and pure fun, while parents finish up their last minute holiday shopping! Activities will include indoor games, crafts, and more. Each participant will be provided with a pizza dinner and a drink. Instructor: Recreation Staff

13003 6-11 yrs F 6:30 - 9:30PM 12/12 LSH R\$20/ R additional sibling \$15

NR\$31.75/ NR additional sibling \$21.75

TEEN CUISINE

This delicious class offers teens the opportunity to focus on food preparation, kitchen safety, nutritious and delicious eating, etiquette and more! Participants enrolled will learn responsibility in the kitchen and will be able to share their new skills with family and friends! You don't want to miss this tasty class! Instructor: Recreation Staff.

12961 11-14 yrs Sa 10:00AM - 1:00PM 10/11 Teen Center R\$30/NR\$41.75

DOCUMENTARY PRODUCTION NEW!

Gain the skills to create a documentary video! Students will choose a documentary subject, travel off-site to film, and then edit together the final piece. Participants will receive hands-on practice in coordinating an off-site shoot, setting up equipment, camera work, lighting, interviewing, and editing. The final documentary will air on KMVT15. Instructor: KMVT Staff. **NO CLASS 11/26.**

13033 17+ yrs W 6:30 - 9:30PM 11/5-12/3 KMVT R\$96/NR\$107.75

TELEVISION STUDIO PRODUCTION

Learn the basics of studio production including camera operation, floor direction, audio engineering, technical directing, tape operation and directing. Participants receive hands-on practice with all equipment and crew positions. As a final project, the class produces a half-hour show, 'Random Access,' to be cablecast on KMVT 15. Instructor: KMVT Staff.

12960 17+ yrs W 6:30 - 9:30PM 10/1-10/22 KMVT R\$96/NR\$107.75





This past summer teens participated in the LIT – Leader in Training program. This is a great way to get involved, learn new skills, and explore future jobs. LITs were assigned to various summer program activities like Busy Bees, H2O Adventures, Club Rec Juniors and Seniors, Aquatics, and RecSports. Way to go TEAM and we look forward to seeing you next year.



Online Driver Education Course!



Getting ready to get behind the wheel? Well, learn the rules of the road! This online Drivers Education Course is approved by the California Department of Motor Vehicles. Reading, flash graphics, video's, and quizzes will prepare the reader to pass the written DMV test. The course is very easy to use. You simply log into the web site, enroll, and you can begin immediately! For more information about the course and to register go to: http://www.economicdriving.com/online/

When registering make sure you complete the question that says: How did you hear about us by choosing - Activity Guide Enter Code: 6331

Cost: \$75

AIKIDO

Are you looking for a class to help improve focus and build self-confidence, trust and strength? Try Aikido! Aikido is a form of Japanese martial arts that harmonizes energy through non-competitive training with partners, not opponents. You will safely study rolls, throws, pins and fluid movements. Come 15 minutes early, and wear loose-fitting clothing (no blue jeans). Uniforms available later for purchase. The Advance - Saturday class is only for those students who have already completed the Beg or Intermediate / Beginning classes.

Instructor: Western Aikido Yoshokai Staff.

NO CLASS 10/31, 11/28, 11/29.

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Beg		
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12967	7-13 yrs	Sa	10:15 - 11:15AM	10/11-12/13	Enkuban Dojo	R\$41/NR\$52.75
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Advance

12968 7-13 yrs Sa 9:00 - 10:00AM 10/11-12/13 Enkuban Dojo R\$41/NR\$52.75

Intermediate / Beginning

12969 7-13 yrs 6:15 - 7:15PM 10/10-12/12 Enkuban Dojo R\$41/NR\$52.75

BEGINNING FENCING

Enjoy the art, science, and Olympic sport of fencing! We use lightweight flexible swords and it is one of the safest, most rewarding sports available. We play fun developmental games, do paired drills, and you even get to fence each day! You will learn the basic rules, safety, and manners of the sport, how to advance and retreat, to attack and lunge, to parry and riposte, and much, much more! Fencing develops and maintains both physical and mental fitness, teaches self discipline and great sportsmanship skills. All equipment supplied - just wear athletic clothing. Instructor: California Fencing Academy. NO CLASS 11/29, 12/27.

Super Youth

12970	5-7 yrs	W	4:00 - 4:55PM	10/1-11/5	California Fencing Academy	R\$118/NR\$129.75
12971	5-7 yrs	Sa	9:30 - 10:25AM	10/4-11/8	California Fencing Academy	R\$118/NR\$129.75
12972	5-7 yrs	W	4:00 - 4:55PM	11/12-12/17	California Fencing Academy	R\$118/NR\$129.75
13023	5-7 yrs	Sa	9:30 - 10:25AM	11/15-1/3	California Fencing Academy	R\$118/NR\$129.75
Youth						
13024	8-13 yrs	W	5:00 - 5:55PM	10/1-11/5	California Fencing Academy	R\$118/NR\$129.75
13025	8-13 yrs	Sa	9:30 - 10:25AM	10/4-11/8	California Fencing Academy	R\$118/NR\$129.75
13026	8-13 yrs	W	5:00 - 5:55PM	11/12-12/17	California Fencing Academy	R\$118/NR\$129.75
13027	8-13 yrs	Sa	9:30 - 10:25AM	11/15-1/3	California Fencing Academy	R\$118/NR\$129.75
Teen						
13028	14-18 yrs	W	6:00 - 6:55PM	10/1-11/5	California Fencing Academy	R\$118/NR\$129.75
13029	14-18 yrs	Sa	9:30 - 10:25AM	10/4-11/8	California Fencing Academy	R\$118/NR\$129.75
13030	14-18 yrs	W	6:00 - 6:55PM	11/12-12/17	California Fencing Academy	R\$118/NR\$129.75
13031	14-18 yrs	Sa	9:30 - 10:25AM	11/15-1/3	California Fencing Academy	R\$118/NR\$129.75

KARATE FOR FITNESS

Karate is a modern martial art, characterized by its powerful stances & punching techniques all necessary for a strong defense. Students will be introduced to the basic fundamentals of Karate techniques and participate in fun and educational drills designed to build self-confidence and develop coordination, physical endurance, strength and discipline. Basic forms (Kihon Kata) and (Kumite Sparring), terminology and etiquette will also be covered. You don't want to miss out on this fun & exciting program! A uniform fee of \$45 is due to the instructor by the second class meeting (new students only). Cala Center Dojang is located in Sunnyvale. Instructor: Chris Hung.

NO CL	ASS 1	10/31.	11/26.	11/28.	11/29.

12973	4-6yrs	F	3:30 - 4:00PM	10/24-12/19	Cala Center Dojang	R\$86/NR\$97.75
12974	7-13 yrs	F	4:15 - 5:00PM	10/24-12/19	Cala Center Dojang	R\$86/NR\$97.75
12975	7-13yrs	W	3:30 - 4:15PM	10/29-12/17	Cala Center Dojang	R\$86/NR\$97.75
13021	7-13 yrs	Sa	10:00 - 10:30AM	11/1-12/20	Cala Center Dojang	R\$86/NR\$97.75
12976	7-13 yrs	М	3:30 - 4:15PM	11/3-12/15	Cala Center Dojang	R\$86/NR\$97.75



KIDZ LOVE SOCCER 1 9

Beginning players learn dribbling, passing, receiving, shooting, age-specific defense, etc. Small-sided soccer matches will be introduced gradually. Shin Guards are required by second meeting.

RAINOUT HOTLINE PHONE NUMBER IS (800) 871-2275.

12978	5-6 yrs	F	3:15 - 4:00PM	9/26-11/14	Rengstorff Athletic Field	R\$72/NR\$83.75
12977	5-6 vrs	Sa	2:20 - 3:05PM	9/27-11/15	Rengstorff Athletic Field	R\$72/NR\$83.75

KIDZ LOVE SOCCER 2

Explore the sport in an instructional and nurturing environment. Be challenged by real soccer situations and venture into the fun tactical side of scrimmaging. Players will enjoy age-appropriate soccer matches and be guided through the possibilities by a Kidz Love Soccer youth specialist. Shin guards are required by the second meeting. RAINOUT HOTLINE PHONE NUMBER IS (800) 871-2275.

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12980	7-8 yrs	F	4:00 - 4:45PM	9/26-11/14	Rengstorff Park	R\$72/NR\$83.75
12979	7-8 vrs	Sa	3:05 - 3:50PM	9/27-11/15	Rengstorff Park	R\$72/NR\$83.75



Futsal Kingz in Mountain View!

Futsal is a fun, fast-paced soccer game, played indoors within the lines of a basketball court (no walls), using a small, size 3, low-bounce ball. The Game consists of two teams of four players and a goalkeeper with unlimited substitutions and quick restarts. Futsal Kingz programs have age-specific curriculum, innovative class formats and qualified professional coaching staff enabling every player to develop their skills and have a great experience. whether they're the next Beckham or trying Futsal for the first time!

How Do I Sign-Up? Sign ups and more information is available on-line: www.futsalkingz.com Questions?! Contact us at info@futsalkingz.com or (408) 440-7878.



KIDZ LOVE SOCCER 3

Play the exciting game of Soccer! Be challenged by real soccer situations and venture into the fun tactical side of scrimmaging. Players will enjoy age-appropriate soccer matches and be guided through the possibilities. Attack and Scoring goals! Pace and Possession! Defense and Transition! Shin guards are required by the second meeting. **RAINOUT HOTLINE PHONE NUMBER IS (800) 871-2275.**

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12981	9-12 yrs	F	4:00 - 5:00PM	9/26-11/14	Rengstorff Park	R\$72/NR\$83.75	
12982	9-12 yrs	Sa	3:05 - 4:05PM	9/27-11/15	Rengstorff Park	R\$72/NR\$83.75	



KIDS LOVE SOCCER - MOMMY/DADDY & ME

Introduce yourself and your toddler to the 'World's Most Popular Game'! As you and your child participate in our fun age-appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines. Instructor: Kidz Love Soccer Staff. **RAINOUT HOTLINE PHONE NUMBER IS (800) 871-2275.**

13055	2-3.5 yrs	Sa	3:30 - 4:00PM	9/27-11/15	Rengstorff Park	R\$72/NR\$83.75
13056	2-3.5 yrs	Sa	4:05 - 4:35PM	9/27-11/15	Rengstorff Park	R\$72/NR\$83.75

KIDZ LOVE SOCCER - PRE SOCCER

Children will learn the basic techniques of soccer while building self-esteem and learning to follow instructions in a nurturing teaching environment. Shin Guards are required by second meeting. **RAINOUT HOTLINE PHONE NUMBER IS (800) 871-2275.**

13062	4-5 yrs	F	2:40 - 3:15PM	9/26 - 11/14	Rengstorff Park	R\$72/NR\$83.75
13064	4-5 yrs	Sa	1:45 - 2:20PM	9/27 - 11/15	Rengstorff Park	R\$72/NR\$83.75

KIDZ LOVE SOCCER - TOT

Young children will develop large motor skills while having fun running and kicking just like the big kids! **RAINOUT HOTLINE PHONE NUMBER IS (800) 871-2275.**

12986	3.5-4 yrs	F	5:00 - 5:30PM	9/26-11/14	Rengstorff Park	R\$72/NR\$83.75
12983	3.5-4 vrs	Sa	4:05 - 4:35PM	9/27-11/15	Rengstorff Park	R\$72/NR\$83.75



RAYVONICS FITNESS

Participants will experience a fitness program consisting of body toning exercises, movement to help develop strength, flexibility and stamina. Featuring low impact warm up, floor exercises and yoga techniques followed by cardio conditioning and cool down stretching techniques. Course taught by Rayvon Williams. **NO CLASS 11/28**, **12/22**, **12/24**, **12/26**, **12/29**, **12/31**.

12991	16+ yrs	M/W/F	6:00 - 7:00PM	10/1-10/31	MVSP Auxiliary Room	R\$66.50/NR\$77.75
12992	16+ yrs	M/W/F	6:00 - 7:00PM	11/3-11/26	MVSP Auxiliary Room	R\$52.25/NR\$63.50
12993	16+ yrs	M/W/F	6:00 - 7:00PM	12/1-12/19	MVSP Auxiliary Room	R\$42.75/NR\$54.50

TAE KWON DO

Combine a full workout with useful self-defense skills! Tae Kwon Do is a form of Korean martial arts that concentrates on powerful blocks, kicks and punches for self-defense. The goal of training is the full development of self-confidence, strength and focus. Uniforms will be distributed to students the second week of class, and cost \$20. Please make checks payable to 'Mountain View School of Tae Kwon Do.' Priority registration is given to those currently enrolled. Instructor: Mountain View School of Tae Kwon Do Staff.

12998	0.17 vro	Tu/Th	6:00 - 7:00PM	10/7 - 12/11	MCC	R\$31/NR\$42.75
12990	9-17 yrs	TU/TH	0.00 - 7.00FW	10// - 12/11	WSC	K\$31/NK\$42.73

ROCK CLIMBING

Enjoy a soft, fun and colorful physical adventure Rock Climbing! Students will work on gymnastics, motor skills, rhythmic activities and basic sports skills in a fun age-appropriate class that blends physical, cognitive, and daily living skills. Classes are taught by a creative, expert/certified instructor. Instructor: Twisters Gymnastics Rock Climbing Coach.

13053	16+ yrs	M	8:00 - 9:00PM	9/29-12/15	Twisters Gymnastics	R\$124/NR\$135.75
13052	7-12 yrs	Tu	4:45 - 6:00PM	9/30-12/16	Twisters Gymnastics	R\$124/NR\$135.75

TWISTERS GYMNASTICS FOR GIRLS

This Gymnastics program is designed for comprehensive body development and basic gymnastic skills. The class will cover balance, coordination, ability, body strength, fine and gross motor skills. Equipment used includes mini-trampoline, mats, balance beams, bars, etc. Instructor: Twisters Gymnastics Staff. **NO CLASS 11/27**.

STRIKE ZONE

Meet new friends and learn how to bowl at the Strike Zone! Students are taught the basics of bowling, including an introduction to league play, while having fun! Build your self-esteem while bowling STRIKES! At the completion of the 5-week class, students will receive a new bowling ball and bag (first time students only). Shoe rental is included in the registration cost. Check-in will take place at Palo Alto Bowl's front desk. Instructor: Palo Alto Bowl Staff.

12994	6-11 yrs	Tu	3:30 - 5:00PM	9/30-10/28	Palo Alto Bowl	R\$51/NR\$62.75
12995	6-11 yrs	Th	3:30 - 5:00PM	10/2-10/30	Palo Alto Bowl	R\$51/NR\$62.75





JAZZERCISE CLASSES TO OPEN IN MOUNTAIN VIEW

JAZZERCISE is the original dance exercise phenomenon! Each 60 to 70 minute class offers a blend of jazz dance and exercise science to your favorite music - Top 40, jazz, country, funk and classics. Easy to follow fun choreography includes a gentle warm up, 30 minute aerobic workout, muscle toning and strengthening segment with weights and a stretch finale. Instructors demonstrate how movements can be modified to meet individual fitness levels making Jazzercise fun for both the beginning and the more advanced student!

Whisman Sports Center, M & W, 5:45 p.m.; Sat., 8:45 Mountain View Community Center, T & TH, 9:00 a.m.

* \$45 Joining fee: This fee applies to all new customers and those with memberships that have expired for 3 months or longer. **New Customer Offer**: \$20 off initial Easy Fitness Ticket sign-up

For More Information call Barbara Peterson (650) 464-9758

Our mission is to provide programs that meet individual needs of seniors, promote personal growth and socialization and foster feelings of achievement, companionship and well being.

Don't miss out, the Senior Center offers something for everyone!

Take advantage of the beautiful Mountain View Senior Center and the plethora of activities, classes, clubs, trips and social services; all of them available just to folks lucky enough to be 55+! Take a step toward a healthier lifestyle by joining one of our many classes committed to providing life-long learning and improve your health and wellness! You may also come to the Center to practice stress relief techniques in one of our Yoga, Tai Chi or Qigong classes. New classes are available in the evenings to accommodate those that have other commitments during the day. Visit our Center and experience the excitement that older adults around the peninsula have been buzzing about.



Volunteer Opportunities

This might be the perfect place for you! The Senior Center offers volunteer placement to seniors and other interested citizens. Currently, the Senior Center seeks volunteers for the Senior Center reception desk, Computer Lab, Brown Bag and volunteer Blood Pressure nurses. If you are interested, please call Megan at (650) 903-6448.

Classes at the Senior Center

Enjoy one of the 40 different types of Senior Center classes offered through Mountain View-Los Altos Adult Education and Foothill-De Anza Community College District. Adults over 55 can register for oils and acrylics, watercolor, ceramics, general conditioning, aerobics, arthritis exercise, yoga and much more. Attend a free class with volunteer instructors, including creative stitchery, knitting and crocheting, woodcarving, line dance and square dancing. A complete list of classes is available at the Senior Center or online at www.mountainview.gov.





Drop-In Activities

The Senior Center offers many free activities. Drop in and enjoy free billiards, table tennis and card games. Daily word puzzles are available or just come and meet someone new over a cup of coffee. Seniors are welcome to drop in and use the free exercise room that offers treadmills, stationary bicycles, weights and elliptical trainers. Prior to the first usage of the exercise equipment, each participant must attend exercise orientation which is offered twice a week by appointment. A computer lab with Internet-ready computers is available for use (please call for lab availability).

Nutrition Program

The Senior Nutrition Program provides subsidized hot lunches each weekday to clients over the age of 60. Lunches are prepared on site and the suggested donation is \$2. Meals are served Monday through Friday at noon. Check in for lunch prior to 11:30 a.m. No reservations are required. Take advantage of this opportunity for nutrition, socializing and education. Dancing takes place every Monday, Wednesday and Friday from 10:30 a.m. to 12:00 noon. The Nutrition Program is offered in conjunction with the Community Services Agency of Mountain View-Los Altos and the County of Santa Clara. For more information on the Nutrition Program, please call (650) 964 6586.

Health and Social Services

Your health and wellness is important and the Mountain View Senior Center can help you stay on track. Each month there are many free social services available such as blood pressure checks, stress check-ups, eye glass repairs, Alzheimer's screenings, legal referrals, renter's assistance, hearing screenings, income tax preparation, health insurance counseling and podiatry screenings. Once a month, a case manager from the Community Services Agency is available for drop in appointments to meet with individuals and families to discuss life changes. Appointments are necessary for many of these services, please call (650) 903 6330.



Senior Advisory Task Force

The Senior Advisory Task Force (SATF) serves in an advisory role to the City Council on issues pertaining to the City's senior population—senior programs, housing, transportation and social services, among others. The Task Force is comprised of seniors who are Mountain View residents and represent a cross section of the community as well as professional providers of senior services and programs. The SATF holds its meetings on the 4th Monday of every month at the MV Senior Center. There are ten appointed members. They are working on a comprehensive report titled "The State of Seniors in Mountain View" as well as working in three subcommittees and conducting a survey of senior needs. If you would like additional information, please contact the Community Services Department, Recreation Division, Senior Center at (650) 903-6330 or Task Force Liaison, Rae Blasquez at (650) 903-6607.



Upcoming regular meetings are scheduled for: September 22, 2008; October 27, 2008; November 17, 2008 (date change due to holiday); December 15, 2008 (date change due to holiday); January 26, 2009; February 23, 2009

For more information about these programs and other services offered at the Mountain View Senior Center, call (650) 903 6330. You may also go on line to view the monthly newsletter called The Prime Time News and the quarterly Class Guide at www.mountainview.gov



Hours of Operation

Monday – Wednesday 8:30 a.m. - 9:00 p.m.
Thursday & Friday 8:30 a.m. - 5:00 p.m.
Saturday & Sunday by reservations only.*
* For reservation information, please call (650) 903-6407.

ADULT GOLF CLASSES (18+ years old)

The Adult Golf classes are structured with a goal in mind: playing better golf. From zero to moderate experience, the fundamentals taught will help you PLAY BETTER. Each class is four 1-hour sessions. Student/instructor ratio is between 3:1 ad 5:1, minimum of 3 students. Make up classes are available. Range balls are included. For more information on how to register, please call (650) 903-4653.

ADULT GOLF CLASSES - LEVEL I

Level I curriculum will cover fundamentals from set-up (grip, stance, and ball position) to ½ swing to full swing. The mysteries of good putting will also be answered.

A 818	9/17-10/8	W	6:30-7:30 PM	\$108
A 819	9/21-10/12	Su	8:30-9:30 AM	\$108
A 820	10/19-11/9	Su	9 – 10AM	\$108

ADULT GOLF CLASSES - LEVEL II

Level II class curriculum is practical application in full swing lesson with drivers, bunker shots, and hilly lies. Discussion topics: Rule, etiquette and pace of play.

A816-L2	9/18-10/9	Th	5:15-6:15 PM	\$108
A817-L2	9/21-10/12	Su	9:45-10:45 AM	\$108
A818-L2	10/19-11/9	Su	10:15-11:15AM	\$108

ADULT GOLF CLASSES - LEVEL VI

The Level VI class curriculum is an in-depth effort at improving your short game. Each session will consist of concentrated instruction in the following components of the short game: putting, chipping, pitching and bunker play. You will be evaluated for current skill levels and based upon this evaluation, goals will be established. You will receive instruction specific to improving and reinforcing the skills you need for each component. Maximum of 8 students per class.

SG809	9/27-10/18	Sa	1-2PM	\$108
SG 810	10/25-11/15	Sa	1-2PM	\$108

FULL SWING REFRESHER AND REVIEW - LEVEL III

Student's golf swing is analyzed, swing deficiencies are identified and swing solutions and drills are prescribed. All four sessions are at driving range. Max. of 8 students.

AFS867	9/17-10/8	W	5:15-6:15 PM	\$108
AFS868	9/18-10/9	Th	6:30-7:30 PM	\$108
AFS869	9/21-10/12	Su	11:00AM - 12:00PM	\$108
AFS870	10/19-11/9	su	11:30AM - 12:30PM	\$108



PARENT/CHILD GOLF CLASSES

This class teaches the basics of golf to parents and children together. The class includes: full swing, putting, golf course etiquette and rules discussions. Every effort is made to maintain a parent/child-to-instructor ratio of 3:1, minimum of 3 sets of parent/child. Children (ages 7-17). Fee is \$75 per student.

PC 809	9/21-10/12	Su	2:00-3:00 PM	\$75 / student
PC 810	10/19-11/9	Su	2:00-3:00 PM	\$75 / student

SUPERVISED PRACTICE

This unique class is designed to improve the effectiveness of your practice sessions using Speed Practice Drills. With the guidance of Shoreline Golf Links instructors, this 60-minute session will teach you 'HOW' to practice golf more efficiently. 'How you practice matters as much as what you practice.' Minimum of 6 students per class.

SP 829	9/12	F	5:30-6:30PM	\$15/student	Putting
SP 830	9/19	F	5:30-6:30PM	\$15/student	Chipping
SP 831	9/26	F	5:30-6:30PM	\$15/student	Pitching
SP 832	10/3	F	5:30-6:30PM	\$15/student	Full Swing
SP 833	10/10	F	5:30-6:30PM	\$15/student	Putting
SP 834	10/17	F	5:30-6:30PM	\$15/student	Chipping
SP 835	10/24	F	5:30-6:30PM	\$15/student	Pitching

GOLF REGISTRATION FORM

PHONE (650) 903-4653 (GOLF)

REMIT TO: SHORELINE GOLF LINKS

*Class registration will be confirmed via e-mail.



REGISTERING ADULT				_
	First	Last		
ADDRESS		CITY	ZIP CODE	
DAYTIME PHONE () EVENING PH	ONE () *EM/	AIL	

PARTICIPANT'S NAME	GENDER	HEIGHT	FIRST CHOICE CLASS	SECOND CHOICE CLASS

(UNLESS NOTIFIED, YOUR 1ST CHOICE IS ACCEPTED)

MOUNTAIN VIEW CA 94043

THE UNDERSIGNED, IN CONSIDERATION OF PARTICIPATION IN THIS PROGRAM, AGREES TO INDEMNIFY AND HOLD THE CITY OF MOUNTAIN VIEW AND SHORELINE GOLF LINKS HARMLESS AND RELEASE THE CITY OF MOUNTAIN VIEW AND SHORELINE GOLF LINKS FROM ANY AND ALL LIABILITY FOR ANY INJURY WHICH MAY BE SUFFERED BY THE ABOVE-NAMED INDIVIDUAL(S) REGISTERED IN THIS PROGRAM ARISING OUT OF OR IN ANY WAY CONNECTED WITH PARTICIPATION IN THIS PROGRAM. I HAVE READ THE ABOVE APPLICATION AND AGREEMENT AND FULLY UNDERSTAND THAT I ASSUME ALL RISKS FOR ANY INJURIES RECEIVED.

DATE	PARENT/PARTICIPANT SIGNATURE	



CHILDREN AND ADULT RECREATION TENNIS LESSONS

Participants must furnish their own tennis rackets and wear tennis shoes. If it rains and courts are wet, classes will be cancelled and rescheduled at the end of session. MINIMUM PER CLASS: 4 STUDENTS; MAXIMUM PER CHILDREN'S BEGINNING FOR 7 TO 10 YEARS OLDS: 6; ALL OTHER CLASSES: MAXIMUM 8. A class with three or less students will be cancelled and students will be notified of other class options.

PEEWEE TENNIS

PeeWee is designed to introduce 4 to 6 year olds to the game of tennis.

PEEWEE 1–Participants will receive a 21" peewee racket.

PEEWEE 2–For 4-6 yr old PeeWee 1 graduates. Must provide own racket.

BEGINNER I

Introduces the basics of the forehand, backhand, and serve. By the end of the session, graduating students are hitting balls tossed from the instructor with correct form and hitting serves over the net with correct form and moderate success.

BEGINNER II

CLASS

AGE

DAY

TIME

Develops the forehand and backhand groundstrokes while introducing footwork and movement. Graduating students can have sustained rallies from inside the baseline. The volley and net-play is introduced, and the service motion is further developed.

INTERMEDIATE

Intermediate classes continue to develop the forehand and backhand groundstroke. Students learn how to rally from baseline to baseline. Emphasis is placed upon footwork. Power in the serve is improved, and the volley, lob, and overhead are developed.

DOUBLES STRATEGY

Class focuses on the rules and strategies of the game of doubles. Each class will consist of skill drills and the playing of doubles.

SUPERVISED PLAY

A class designed to teach the games of tennis using drills and game situations. The participant will learn singles and doubles strategies as well as correct etiquette. Especially for the player who is looking to improve game skills.

ADVANCED INTERMEDIATE

A play based learning experience for juniors interested in tournament play. Fitness and match strategies will be emphasized.

SPORTS CAMP

Our most popular program! Campers participate in tennis, soccer, ultimate Frisbee, waffle ball, capture the flag and more. Camp T-shirt and daily lunch provided.



TENNIS LESSONS

CLASS	<u>AGE</u>	<u>DAY</u>	<u>TIME</u>	SESSION 1 9/22 - 10/18	SESSION 2 10/20 - 11/15	<u>FEES</u>
Peewee	4-6 yrs	Sa	9:00-10:00AM	F01	F16	R\$48/NR\$58
Peewee	4-6 yrs	Sa	10:00-11:00AM	F02	F17	R\$48/NR\$58
Beginning I	7-10 yrs	Sa	10:00-11:00AM	F03	F18	R\$48/NR\$58
Beginning I	7-10 yrs	M/W	6:00-7:00PM	F04	F19	R\$48/NR\$58
Beginning I	7-10 yrs	T/Th	6:00-7:00PM	F05	-	R\$48/NR\$58
Beginning II	7-10 yrs	T/Th	6:00-7:00PM	-	F20	R\$48/NR\$58
Beginning I	11-15 yrs	M/W	7:00-8:00PM	F06	-	R\$48/NR\$58
Beginning II	11-15 yrs	T/Th	7:00-8:00PM	-	F21	R\$48/NR\$58
Beginning I	16+ yrs	M/W	8:00-9:00PM	F07	-	R\$48/NR\$58
Intermediate	16+ yrs	T/Th	8:00-9:00PM	F08	F22	R\$48/NR\$58
Intermediate	16+ yrs	M/W	8:00-9:00PM	-	F23	R\$48/NR\$58

TWO CLASS SESSIONS--The following classes meet two (2) times.

SESSION 1

9/22-10/18

SESSION 2 SESSION 3

10/20-11/15

9/29-10/2

SESSION 4

10/27-10/30

FEES

14+	yrs	M/W	7:00-8:00PM	F09	F11	F24	F26	R\$20/NR\$30
14+	yrs	T/Th	7:00-8:00PM	F10	F12	F25	F27	R\$20/NR\$30
				CECCION 4	CECCION A	CECCION 2	CECCION 4	
ΔGE		DAY	TIME				0_00.0	FEES
AUL		DAI	111VIL	10/0-10/03	10/10-10/10	11/0-11/10	11/10-11/10	ILLO
14+	yrs	M/W	7:00-8:00PM	F13	-	F28	-	R\$20/NR\$30
14+	yrs	T/Th	7:00-8:00PM	F14	-	F29	-	R\$20/NR\$30
14+	yrs	M/W	7:00-8:00PM	-	F14	-	F30	R\$20/NR\$30
14+	yrs	T/Th	7:00-8:00PM	-	F15	-	F31	R\$20/NR\$30
	14+ <u>AGE</u> 14+ 14+ 14+	14+ yrs AGE 14+ yrs 14+ yrs 14+ yrs	14+ yrs T/Th AGE DAY 14+ yrs M/W 14+ yrs T/Th 14+ yrs M/W	AGE DAY TIME 14+ yrs M/W 7:00-8:00PM 14+ yrs M/W 7:00-8:00PM 14+ yrs T/Th 7:00-8:00PM 14+ yrs M/W 7:00-8:00PM	14+ yrs T/Th 7:00-8:00PM F10 AGE DAY TIME 10/6-10/09 14+ yrs M/W 7:00-8:00PM F13 14+ yrs T/Th 7:00-8:00PM F14 14+ yrs M/W 7:00-8:00PM -	14+ yrs T/Th 7:00-8:00PM F10 F12 AGE DAY TIME SESSION 1 10/6-10/09 10/13-10/16 SESSION 2 10/6-10/09 10/13-10/16 14+ yrs M/W 7:00-8:00PM F13 - 14+ yrs T/Th 7:00-8:00PM F14 - 14+ yrs M/W 7:00-8:00PM - F14	14+ yrs T/Th 7:00-8:00PM F10 F12 F25 AGE DAY TIME SESSION 1 10/6-10/09 10/13-10/16 SESSION 2 11/3-11/16 SESSION 3 11/3-11/16 14+ yrs M/W 7:00-8:00PM F13 - F28 14+ yrs T/Th 7:00-8:00PM F14 - F29 14+ yrs M/W 7:00-8:00PM - F14 - -	14+ yrs T/Th 7:00-8:00PM F10 F12 F25 F27 AGE DAY TIME 10/6-10/09 SESSION 2 10/13-10/16 11/3-11/16 11/3-11/16 11/10-11/13 SESSION 3 11/3-11/16 11/10-11/13 14+ yrs M/W 7:00-8:00PM F13 - F28 - 14+ yrs T/Th 7:00-8:00PM F14 - F29 - 14+ yrs M/W 7:00-8:00PM - F14 - F30

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	7	

PARTICIPANT'S N	NAME		PARENT'S NAME		
ADDRESS	First	CITY	ZIP CODE	First LastBIRTH DATEAGI	E M/F
HOME PHONE (_)	WORK PHONE (_)	EMERGENCY PHONE ()	
CLASS#	FIRST CHOICE CLASS	NAME FEE	CLASS#	SECOND CHOICE CLASS NAME	FEE\$

THE UNDERSIGNED, IN CONSIDERATION OF PARTICIPATION IN THIS PROGRAM, AGREES TO INDEMNIFY AND HOLD THE CITY AND CUESTA TENNIS HARMLESS.
AND RELEASE THE CITY AND CUESTA TENNIS FROM ANY AND ALL LIABILITY FOR ANY INJURY WHICH MAY BE SUFFERED BY THE ABOVE-NAMED INDIVIDUAL
REGISTERED IN THIS PROGRAM, ARISING OUT OF OR IN ANY WAY CONNECTED WITH PARTICIPATION IN THIS PROGRAM. I HAVE READ THE ABOVE APPLICATIO
AND AGREEMENT, AND FULLY UNDERSTAND THAT I ASSUME ALL RISKS FOR ANY INJURIES RECEIVED.

)ATE	PARENT/PARTICIPANT SIGNATURE	CREDIT CARDS ARE NOT ACCEPTED

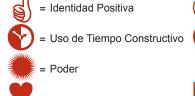
Activos de Desarollo

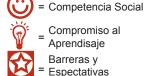
Mountain View se compromete a crear una comunidad construida sobre activos. El recientemente aprobado Plan de Recreación reconoce los desafíos que enfrentan los residentes, especialmente los jóvenes y articula los objetivos y los métodos para hacer frente a estas necesidades.

Mientras hay jovenes involucrados en servicio comunitario y mando de modos asombrosos e inspiradores, también sabemos que algunos jóvenes luchan y sufren por falta de recursos adecuados. ¿Por qué algunos jóvenes prosperan mientras otros no? Parte de la respuesta se puede encontrar en la investigación realizada por Search Institute, una organización independiente de investigación y educación basada en Minneapolis ha identificado 41 factores que son esenciales para el éxito de la juventud.

Estos 41 factores, conocidos como activos de desarrollo, están vinculados a una multitud de resultados positivos, entre ellos el éxito en la escuela, mantener una buena salud, ser un líder, y evitar comportamientos de alto riesgo como el uso del alcohol, la violencia y la actividad sexual.

La División de Recreación de la Ciudad de Mountain View reconoce que estos activos de desarrollo son importantes para cada uno de nuestros participantes. Ofrecemos clases y oportunidades que abarcan los activos de un modo o otro. Para ayudar a encontrar los activos de desarrollo apropiados para sus necesidades, busque los siguientes símbolos a lo largo de nuestra guía que destacan las clases enriquecidas con los siguientes activos de desarrollo:





= Valores Positivos

Para mas información sobre los 41 Activos de Desarrollo, favor de visitar: http://www.projectcornerstone.org/index.htm

Día de Ohlone en Deer Hollow Farm

Sábado, 18 de Octubre, 2008 1:00 p.m. a 4:00 p.m. En el San Antonio County Park Adultos \$5 / Niños \$3 / Niños menores de 2 años – ¡Gratis!

Traiga a su familia y camine en los pasos de la gente India Americana Ohlone, en una réplica de su pueblo. Participe en actividades de la gente Ohlone que incluyen moliendo maíz, haciendo cuerdas, lanzamiento de lanza, y pintura de cara. Gente especializada les enseñará tecnicas para hacer herramientas, tirar con arco, hacer fuego y metodos de cocinar. El pueblo esta habierto al público una vez al año para este festival especial.



El Día de Ohlone es sostenido anualmente para celebrar la vida diaria de la gente Ohlone, que vivio en el Area de la Bahía durante más de 10,000 años. El Día de Ohlone procura fondos que apoyan a Deer Hollow Farm y asiste con becas para niños que asisten el excelente programa educativo anual de Deer Hollow Farm. Para más información visite nuestro sitio Web: www.fodhf.org o llame a los Amigos Deer Hollow Farm (650) 965-FARM (3276).

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Fiesta de Monstruos

Domingo, 26 de Octubre, 2008 5:00 p.m. a 8:00 p.m. Centro Comunitario (Community Center) 201 South Rengstorff Avenue

¡Venga a celebrar el Día de la Brujas con su familia, amigos, y vecinos en la Fiesta de Monstruos de la ciudad de Mountain View! Presentaremos una película al aire libre apropiada para todas las edades, artes, y refrigerios. Tambien habrá un desfile de traje a las 5:30 p.m. y la película comenzará a las 6:00 p.m. Todos estan invitados a asistir este acontecimiento de familia GRATIS.



Celebración de la lluminación del Álbol Navideño

Lunes, 8 de Diciembre, 2008 6:00 p.m. a 8:00 p.m. Civic Center Plaza 500 Castro Street



Celebre la festividades navideñas con su familia y amigos el la Celebración de Iluminación del Arbol Navideño de Mountain View. ¡Disfrute de música en vivo, refrigerios, luces y la llegada de Santa Claus! Los niños/as pueden visitarlo y tomarse una foto con él en este gran evento gratituo. También en el espíritu de la temporada, los invitados son animados a traer una lata de alimento para ayudar a construir el Arbol Que Da, que beneficia a la Agencia de Servicios Comunitarios de Mountain View.

La División de Recreación Annuncia el Concurso de Mascota

Este es un año emocionante para la División de Recreación de la Ciudad de Mountain View. La ciudad adoptó su primer Plan de Recreación en Julio del 2008 y pondrá en práctica el Registro en Línea más tarde este año. ¡Así que aquí está su oportunidad de mostrar sus habilidades creativas diseñando y creando una mascota para la División de Recreación de la Ciudad de Mountain View! Asi es, combine su energía, y visión creativa para diseñar una mascota que representará su División de Recreación. ¡Al ganador se le concedera una tarjeta de regalo de \$100! Las reglas son las siguientes:

Todo concursante debe ser residente de la Ciudad de Mountain View (comprobante será requerido).

- El uso de colores relacionado con pandillas, simbolos o señas inadecuadas, or blasfemia seran decalificados.
- Las sumisiones deben estar en un formato digital (por ejemplo Photoshop, Illustrator, Paint, Publisher, o Word).
- Solomante un (1) diseño puede ser aceptado por persona.
- Todas las entradas deben ser recibidas antes de las 5:00 p.m. del Viernes, 31 de Octubre, 2008.
- El diseño debe ser entregado o enviado en un disco compacto al siguiente domicilio: City of Mountain View – Recreation Division; 201 South Rengstorff Avenue; Mountain View, CA 94040.
- Cada entrada debe incluir su nombre, domicilio, numero de telefono, y comprobante de residencia.

El ganador será anunciado en el Guía de Actividades del Invierno/ Primavera 2008. Para más infomación llame al (650) 903-6331.

Conviertase un Embajador Familiar de Mountain View Entrenamiento es ¡GRATIS!

22 de Septiembre, 6 de Octubre, 20 de Octubre, 3 de Noviembre, 17 de Noviembre, 8 de Diciembre. 6 p.m. a 8 p.m. Centro Comunitario (Community Center) 201 South Rengstorff Avenue

Que es un Embajador Familiar? Los embajadores familiares son personas que viven en Mountain View y ayudan de manera voluntaria a familias con niños de 0 a 5 años de edad que no están informadas acerca de los servicios y recursos que están disponibles para ellos. El programa fue creado en colaboración con First 5 Santa Clara, Parents Place y la Ciudad de Mountain View para involucrar a las familias y proveer oportunidades para que se relacionen con los proveedores de servicios. Otras ciudades como Palo Alto y Sunnyvale tienen embajadores familiares y continúan trabajando y dando información a las familias y amigos de cómo criar y educar a sus niños dentro de su comunidad. El Programa de Embajado Familiar cuenta con profesionales que le darán a usted información en los campos de: Desarrollo Infantil, Servicios de Salud, Cuidado Infantil, Alfabetización, Recursos Comunitarios. Son un total de seis sesiones interactivas, divertidas y les dará la oportunidad de conocer a otras familias y proveedores de servicios dentro de nuestra comunidad. Usted puede solicitar transporte y cuidado de niños si lo necesita para asistir al entrenamiento. Para más información o inscripción al Programa de Embajadores Familiares, favor de llamar a:

Martha Salazar (650) 688-3098 marthas@jfs.org Kim Castro (650) 903-6397 Kim.Castro@mountainview.org

Programa de Asistencia Financiera para Clases de Recreación (FAP)

La Ciudad (gobierno local) provee asistencia financiera limitada a personas de bajos recursos, para que se inscriban en las clases de recreación y disfruten de los programas de recreación. Para calificar en el programa deberán ser residentes de Mountain View: a) ser aprobados por medio del proceso de evaluación de la Agencia de Servicios a la Comunidad-Community Services Agency (CSA) (conforme a las guías del Condado de Santa Clara HUD); o b) estar en el programa de comida gratis o reducida del Distrito Escolar Mountain View-Whisman (hasta 28 de Noviembre 2008). La carta original de APROBACION de Distrito Escolar (MVWSD) o el COMPROBANTE de CSA se debe presentar cada año, la primera vez que se inscriban a las clases de recreación. Por cada clase que usted cancele, tendra que pagar \$5.50, incluyendo de el doble del costo de la clase sele rebajara de lo que le corresponda del FAP. No se regresará ningún dinero si el saldo ya se ha utilizado para la inscripción de una clase, a menos que la clase la cancele la División de Recreación. El FAP es valido por un año y no puede ser usado para clases de Golf, Tenis, Natación para Adultos (lap swimming) y Eventos Especiales. *Efectivo el 1ºº de Noviembre, 2008: Cuota de tramitación incrementará a \$5.75.

Horarios de Atención al Público: Lunes a Viernes 8:30 a.m. - 5:00 p. m. Información: (650) 903-6331 Fax: (650) 962-1069

N/

Correo Electrónico: recreation@mountainview.gov

Cómo Registrarse

Residentes y no Residentes pueden registrar por medio de las siguientes formas:

- Por Correo (Favor de NO enviar dinero efectivo) a: Recreation Class Registration P.O. Box 7540 Mountain View, CA 94039-7540
- Por Fax al: (650) 962-1069
- En Persona: Lunes a Viernes

Lunes a Viernes 8:30 a.m. - 5:00 p.m. Community Center 201 South Rengstorff Mountain View, CA 94040

* Formas recibidas por correo, fax, o en persona seran procesadas en el orden que sean recibidas; confirmación de registración sera enviada por correo

Fechas Tope de Registración

Inscripción de Prioridad (Soló Residentes) Formas de inscripción recibidas por correo, fax o dejadas en la oficina:

Empieza: Lunes, 1^{ro} de Septiembre, 8:30 a.m. Termina: Jueves, 11 de Septiembre, 5:00 p.m.

Inscripción Temprana (Residente y no Residente) Formas de inscripción recibidas por correo, fax o en la oficina:

Empieza: Lunes, 12 de Septiembre, 8:30 a.m. Termina: Jueves, 18 de Septiembre, 5:00 p.m.

Inscripción en Person /Inscripción Abierta (Residente y no Residente)

(Residente y no Residente)

Todas las registraciones recividas serán tramitadas en el orden en que se reciban, empezando: Lunes, 22 de Septiembre, 8:30 a.m.

Formas de Pago

Estaremos encantados de acepta las siguientes formas de pago: Dinero efectivo, Cheque (echo a nombre de *City of Mountain View*), Visa, o Mastercard.

Información General

Reembolsos / Retiración / Transferencias

Toda solicitud debe ser pedida en persona en el Centro Comunitario. El último dia para solicitar Reembolsos / Retiración / Transferencias es el:

Lunes, 13 de Octubre, 5:00 p.m.

- Por cada solicitud de **Reembolso** / **Transferencia** se cobrará un cargo de \$5.50. *Efectivo el 1^{ro} de Noviembre, 2008: Cuota incrementará a \$5.75.
- **Transferencias** seran tramitadas solamete si hay espacio disponible.
- El plazo de **Retiración** no es aplicable para los siguientes programas: Preschool, Golf, y Tenis.

Comprobante de Residencia de Mountain View: Su residencia de Mountain View debe ser comprobada CADA vez que registre. Los comprobantes que se aceptan son: licencia de conducir de California actua o factura de servicios públicos. No se aceptan indentificaciones temporales, apartados postales, periodicos o cartas, etc..

Fecha de Nacimiento: Para inscribirse, cada participante debe proveer su fecha de nacimiento y debe tener la edad requerida para la clase el primer día de instrucción. Comprobante de su facha de nacimiento puede ser requerido.

Cuota por Cheque sin Fondos: Se cobrará \$25 de recargo por cada cheque regresado.

Lista de Espera: Su nombre se pondrá en lista de espera de la primera clase que usted eligió si la primera y segunda opción no tiene cupo.

Recibo de la Forma de Inscripción: No podemos verificar el recibo de su forma de inscripción hasta: *miercoles 19 de diciembre de 2007.*

Información de Registración

Coordinación de la Inscripción de Clases: Debido a la prioridad que se les da a los residentes y al trámite de inscripción abierta, no podemos garantizar la colocación de los participantes en la misma clase. Múltiples registros de familia no serán aceptadas.

Asistencia a Clase: Asistencia a clase esta limitada solo a participantes registrados. No se aceptan inscripciones en la clase. Clases no son pro valoradas si faltan clases. No hay clases para reponer las clases perdidas. Participantes del programa de FAP que no atiendan las clases en las que se inscribieron tendrán que pagar una cuota de tramitación de \$5.50 por clase. Además, el doble del costo de la clase séles rebajara su fondo. *Efectivo el 1^{ro} de Noviembre, 2008: Cuota de tramitación incrementará a \$5.75.

Cancelación de Clases: Las clases que no tengan el mínimo ocupo de alumnos serán canceladas. Se le notificará a los participantes tres días antes de que comienze la clase. También se les devolverá la cuota completa de inscripción, o podrán trasladarse a otra clase si hay cupo. Los participantes serán responsables por cualquier cuota adicional.

Cuota por Recoger a los niños Tarde: Los padres y tutores que llegen tarde a recoger a sus hijos de cualquier programa recreativo se les cobrará \$5.50 por cada 15 minutos. Favor de planear su día cuidadosamente para que sus hijos sean recojidos a tiempo. *Efectivo el 1^{ro} de Noviembre, 2008: Cuota incrementará a \$5.75.

Infracción de mal comportamiento: Cada participante que reciba tres (3) infracciones de mal comportamiento o por recogerlo tres veces tarde, sera suspendido(a) del programa en el que esté participando. Un reembolso parcial puede ser concedido a discreción del supervisor del programa.

FORMA DE INSCRIPCIÓN PARA CLASES DE RECREACIÓN

Teléfono (650) 903-6331 Fax (650) 962-1069 Correo Electronico: recreation@mountainview.gov

Ultimo día para solicitar Reembolsos / Retiración / Transferencias: 13 de Octubre, 2008 - 5:00 p.m.

ONTACTO PRINCIPAL	Nombre		Apelli	ido				
omicilio		_Ciudad _		Códi	igo Postal	Correo Ele	ectrónico	
l. en Casa ()	_ Trabajo() _			Celular ()	Emplea	ado No/Depto	
NOMBRE DEL PARTICIPANTE - NOMBRE Y APELLIDO	FECHA DE NACIMIENTO	GÉNERO	GRADO	# DE CLASE	TITULO I	DE LA CLASE	CUOTA	SEGUNDA OPCIÓN # DE CLASE
							\$	
							\$	
	1						\$	
E REQUIERE UN CHEQUE PERSONAL POR	PERSONA Y POR	CADA CLA	ASE		TOTAL DE CUC	DTAS	\$	
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mbre	Parentes	co		Teléfo	no (MARQUE UN	O) 🗆 CASA 🗆	CELULAR ()	<u> </u>
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l Participante esta tomando alguna medica	ación? (MARQUE	UNO) SÍ 🗆	NO 🗆	¿El participan	te tiene alergias	? (MARQUE UNG	o) SÍ 🗆 NO 🗆	
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ote cualquier requisito especial, or sugere	ncia para ayudar	al person	al asistir a	l participante me	ejor:			
ERMISO PARA FOTOGRAFIAR: Doy mi a				View para que u o, favor de escri			nascota o propied	dad privada, para

LIBERACIÓN DE RESPONSABILIDADES: Para considerar la participación en las clases o actividades que ofrece la Ciudad de Mountain View, yo, al firmar la presente estoy de acuerdo a indemnizar y no culpar a la Ciudad de Mountain View, así como desistir en presentar cargos y no hacer reclamaciones de ninguna índole, por perdidas, daños personales o muerte, así como daños a la propiedad, que pudiera suceder ahora y en el futuro, al Ayuntamiento de Mountain View, el Consejo de la Ciudad. empleados, agentes y voluntarios de culpas que puedan resultar o tenga conexión con mi participación en la clase o actividades, aun cuando los cargos sean a causa de negligencia o descuido de parte del personal o la institución mencionada. En el entendido que los accidentes o daños puedan suceder con mi participación en esta clase o actividad; y aun conociendo los riesgos, estoy de acuerdo en asumir dichos riesgos por mi, miembros de mi familia y mis asignados y desistir en presentar cargos y no hacer reclamaciones de ninguna índole a las personas o entidades mencionadas aun por negligencia o descuido, motivo por lo cual pudieran ser responsables de daños. Además tengo entendido que el Ayuntamiento de Mountain View, el Consejo de la Ciudad. empleados, agentes y voluntarios, no son responsables por los objetos personales propiedad de los participantes en la clase o actividad. En el entendido y estando de acuerdo con esta Liberación de Responsabilidades y los riesgos que esto pueda ocasionar a mi persona, miembros de mi familia o asignados en firmar libremente y sabiendo que es un compromiso legal para mi, miembros de mi familia y asignados. He leído y estoy de acuerdo a la inscripción y a las políticas de dicho programa. Al firmar doy fe de haberlo leído y del contenido de este documento.

FIRMA DEL PARTICIPANTE/PADRE/TUTOR LEGA	L/ X	FECHA			
Autorizo el uso de mi: Mastercard □ Visa □ Nombre que aparece en la Tarjeta	Número de Tarjeta:				
FIRMA	EECHA	(No es valido para clases de Golf y Tenis)			

REGISTRATION INFORMATION

How to Register

Residents and Non-Residents can register using the following:

- Mail (Please DO NOT mail CASH) to: Recreation Class Registration P.O. Box 7540 Mountain View, CA 94039-7540
- Fax to: (650) 962-1069
- Drop-Off & Walk-In:

Monday - Friday 8:30 a.m. - 5:00 p.m. Community Center 201 South Rengstorff Mountain View, CA 94040

* Mail, fax & drop-off forms will be processed daily, in order of date received; confirmation will be mailed when processed.

Registration Deadlines

Priority Registration (Resident Only)

Mail, fax & drop-off registration:

Begins: Monday, September 1, 8:30 a.m. Ends: Thursday, September 11, 5:00 p.m.

Early Registration (Resident & Non-Resident)

Mail, fax & drop-off registration:

Begins: Friday, September 12, 8:30 a.m. Ends: Thursday, September 18, 5:00 p.m.

Walk-In / Open Registration (Resident & Non-Resident) Registrations will be accepted and processed in the order received:

Begins: Monday, September 22, 8:30 a.m.

Forms of Payment

We gladly accept the following forms of payment: Cash, Check (payable to City of Mountain View), Postal Money Orders, Visa, or Mastercard.

General Information

Refunds / Withdrawals / Transfers:

All requests MUST be made in person at the Community Center. The last day to request a class Refund / Withdrawal / Transfer is: Monday, October 13 at 5:00 p.m.

• All Refunds / Transfers will be assessed a \$5.50 processing fee per class/request. *Effective November

1, 2008: Processing fee will increase to \$5.75.

- Transfers are honored if there is class space available. Participants will be responsible for any additional fees.
- The Withdrawal deadline does not apply to the following programs: Preschool, Golf, and Tennis.

Proof of Mountain View Residency: Resident status is established EACH time you register. Acceptable forms of proof include: valid / current California driver's license or identification, and a current utility bill. Temporary California identifications, Post Office boxes, newspapers, letters, etc. are NOT acceptable.

Birth Date/Age: To register, participants must provide their date of birth and be the required age before the first day of class. Proof of age may be required.

Check Return Fee: \$25 per check returned.

Wait List: Your name will be placed on a waitlist if your first and alternate class choices are full.

Receipt of Registration Form: We are unable to verify receipt of registration forms until: Monday, September 22 at 5:00 p.m.

Coordination of Class Registrations: Due to Priority, Early and Open registration processes, we cannot guarantee placement of participants into the same class. Multiple-family or group registrations are not accepted.



Business Hours: Monday - Friday 8:30 a.m. - 5:00 p. m. Customer Service: (650) 903-6331 Fax: (650) 962-1069 Email: recreation@mountainview.gov

Class Attendance: Attendance in class is limited to registered participants. No registrations are accepted at class. Fees are not prorated for missed classes. No make-up classes are offered. FAP recipients who DO NOT attend the program for which they are registered the first day of class will be automatically withdrawn and will have twice the value of the registration fee subtracted from their allocation. In addition, a \$5.50 per class processing fee will be added to their account balance. Payment of the fee must be made prior to registration for future classes. *Effective November 1, 2008: Processing fee will increase to \$5.75.

Behavior Violation: Participants receiving three (3) behavior violations will be removed from the specific program. A partial class refund may be granted at the discretion of the program supervisor.

Late Pick-up: Parents/guardians arriving late to pick up their child from any recreation program will be assessed \$5.50 fee per 15 minutes late. Participants receiving three (3) late pick-up fees, will be removed from the specific program. Please plan accordingly so that you will arrive on time to pick up your children. *Effective November 1, 2008: Late pick-up fee will increase to \$5.75 per 15 minutes late.

Class Cancellation: Classes not meeting minimum registration levels will be cancelled. Participants will be notified three business days before class begins and, issued a full refund, or be eligible to transfer to another class if space is available. Participants transferring will be responsible for any additional fees.

Coming Soon! On-line Registration

Customer Service (650) 903-6331 se print & complete each line. Incomplete forms	Fax (650) 962-1069 will not be processed.	Email: recreation@mountainview.g Registration is limited to immediate famil	,	ly!
CONTACT		(CHECK ONI	E) PARENT [LEGA

CLASS REGISTRATION FORM

Last Day to request a

MAIN CONTACT					(CHECK ONE) PAR	ENT LEGAL G	UARDIAN	SELF 🗆
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Address		City			Zip Code	E-mail		
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PARTICIPANT'S NAME - First and Last	BIRTHDATE	GENDER	GRADE	CLASS#	CLASS NAM	E	FEE	ALTERNATE CLASS #
1.						\$		
2.						\$		
3.						\$		
SEPARATE CHECKS REQUIRED FOR EACH	PERSON AND EAC	H CLASS			TOTAL CLASS FEES	\$		
MERGENCY CONTACT. Person to conta	act in case of emer	gency othe	er than the	parent/guardian	listed above:	<u>, </u>		•
lame				_		CELL ()	
s the above named authorized to pick up y								
are the participant(s) taking any medication	n? (CHECK ONE) YES	\square NO \square	Do t	he participant(s) have any allergies?	(CHECK ONE) YE	s 🗆 no	
you answered Yes to any of the above, pl	lease list:							
articipant's Name	Medication(s):				<i>F</i>	allergic to:		
ist any special needs, health concerns, or	suggestions to ass	sist progra	m staff with	participant:				
HOTO RELEASE: I agree and grant the	•	•				eness, or that o	of a pet or	personal property, f
romotional use in any City-related media.	II tills is not accept	ab.0 to 90t	.,					

in any way with my participation in this class or activity, even though that liability may arise out of negligence or carelessness on the part of the person or entities mentioned above. I understand that accidents and injuries can arise from participation in this class or activity; knowing the risks, nevertheless, I hereby agree to assume those risks on behalf of myself, my heirs and assigns and to release and to hold harmless all of the persons or entities mentioned above who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages. Further, I understand that the City of Mountain View, its City Council, employees, agents and volunteers, are not responsible for the personal property of the participants in the class or activity. It is further understood and agreed that this waiver, release and assumption of risks has been freely entered into and is to be binding on me and on my heirs and assigns. I have read and agree to the registration and program policies. By my signature below, I acknowledge that I have read this document and understand its contents.

ARENT/PARTICIPANT/	DATE				
I Authorize use of my	Mastercard	Visa	Card Number:		
Name as it appears on C	ard				Expiration Date
Signature				Date	(Not Valid for Golf and Cuesta Tennis)